



*IHD Contracted Plans (highlighted in Pink)

Last Updated: 04/05/2023

AARP, AARP Supplement through UnitedHealthcare *	Federal and State Benefit Health Plans FEHBP	NAMM (UnitedHealthcare Only)
Aetna (All Plans/Products)*	Federal Employee Program BCBS*	Natl Assoc of Letter Carriers - Cigna, Multiplan*
Allmerica Financial	FedMed Inc.	North American Adm (Cigna, First Health, PHCS)*
American Postal Workers Union (Cigna, UHC Networks)*	Fidelis SecureCare	Northern Cal Advantage Medical Group
Amerigroup	First Health National PPO Network	NovaNet PPO
AmeriHealth Caritas Family of Companies	FirstCare Health Plans	On-Lok
Ancillary Care Services (ACS)	FirstChoice Health*	Pacific Health Alliance
Anthem Blue Cross of CA (PPO) *	Galaxy Health Network	PHCS*
Assurant Health (First Health, Multiplan, PHCS) *	GEHA (First Health)	Pinnacle Medical Group
BCBS Association - Blue Card, BCBS Out of State, Any	Global Care (PHCS, Multiplan) *	PPO of Ventura County
Beech Street A Multiplan Network (All Plans and Products)*	Greater Covina Medical Group	Priority Health
Blue Shield (All States)*	Great West (Cigna)*	Progyny Fertility Insurance *
California Health & Wellness	Harvard Pilgrim	Private Healthcare Systems (PHCS)*
California Family PACT*	Health EOS*	Railroad Medicare*
California IPA	Health EOS Select Network*	SAMBA Cigna *
CalOptima	HealthEase - Multiplan*	Santa Clara Family Health Plan
CalViva	HealthNet of California PPO*	StarMark Insurance (First Health, Multiplan, PHCS)*
Care Improvement Plus - United Health	Health Plan of San Mateo	SummaCare PPO (Multiplan, PHCS) *
CareMore	HealthScope Services	Three Rivers Provider Network
Centene Corporation	HealthSmart Preferred Networks	Time Insurance - Assurant
Celtic Insurance (Cigna PHCS, Multiplan)*	Independent Health Assoc (First Health, Multiplan, PHCS) *	Transamerica Affinity Service
Central California Alliance for Health	Inland Empire Health Plan	Tricare*
Chinese Community Health Plan	John Alden Insurance - Assurant	Trustmark (Multiplan, PHCS) *
Choice Medical Group	Key Health Plan	Unicare
Cigna Health - All Products* †	MagnaCare	United Healthcare (All Plans) * †
Cofinity (Aetna)*	Mail Handlers Benefit Plan (Aetna, Coventry National)*	USA Health Network
Community Care Network	Manatee Health (Aetna) *	Valley Medical Group
Community Health Partners	MedCost (NovaNet)	Value Plan*
CoreSource (FirstHealth, Multiplan, PHCS) *	Medical Mutual of Ohio	WellCare Health Plans, Inc.
CNA Health Ins	Medi-Cal *	WellPoint Inc./Anthem
Coastal Health Administrators	Medicare*	
Contra Costa Health Plan	Medicare Supplement MediGap - any plan	
Coventry Health and Life Insurance Co	Meritain Health - Aetna*	
Cox Health Plans LLC	Mount Carmel Health Plan	
Evolutions Healthcare Systems (PPO)	Multiplan National Network, Beech Street, PHCS*	
	MVP Healthcare (Cigna)*	

We bill ALL INSURANCES and honor IN-NETWORK rates

† Aetna, Cigna, UHC billed under IHD Medical Director (Arthur Baca, MD. NPI: 1326248816. TIN: 453205266)